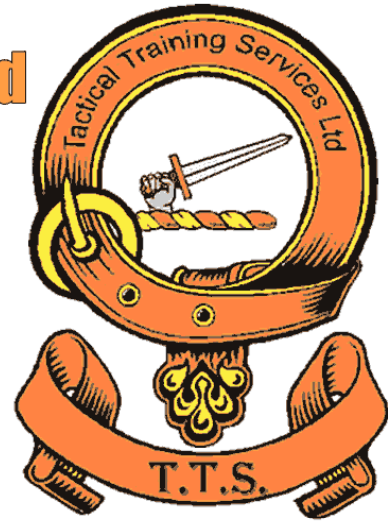


Course Outline



IPDTA Spontaneous Knife Defence Course

Who is this course for?

The IPDTA Spontaneous Knife Defence System has been designed to meet the needs of people or employees who may unexpectedly encounter a violent person armed with a knife, edged or other pointed weapon.

The training should assist learners to manage the physical, aggressive, challenging and physiological behaviour and effects within the workplace or social environment more safely and effectively.

The course has been designed to be of benefit to all sectors and roles but is of particular importance to:

Employees who routinely deal with potentially confrontational situations

Security Personnel/Door Supervisors/CPO/Law Enforcement Officers

Car Parking & Parking Attendants or Personnel/Lone Workers

Transport staff such as bus, tram, tube and taxi drivers

Employees who have to deal with potentially violent situations

Employees who are at high risk of physical assault or danger with a knife

Customer Service Personnel/Front line and operational staff

The learners training will begin with a comprehensive examination of knife assaults and how they happen. The focus of this training is to raise the learner's/student's awareness to the simplicity with which you can fall victim to a moderately trained subject with a knife. The second phase of training will focus on knife defence techniques based upon a realistic yet highly aggressive check and stun philosophy. This system has evolved to the simplest form where all of the skills are gross motor skills that are compatible to the affects of survival stress. This simplicity in design allows for quicker learning and retention under the stress of a knife assault.

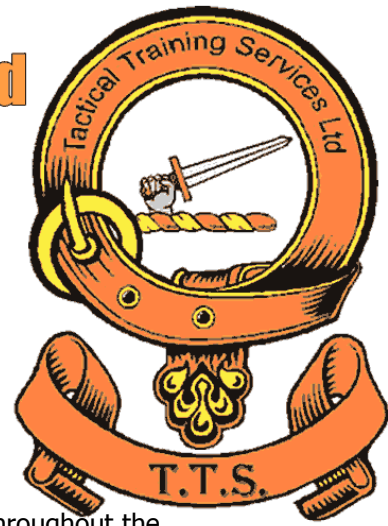
Course Goals

Examine survival-learning research for spontaneous knife defence.

Identify primary & secondary methods of offensive knife strategies.

To learn the IPDTA Spontaneous Knife Defence System.

Course Outline



Course Topics

Survival Learning Research: We examine research from educational psychology and motor learning science and apply the research to the design of spontaneous knife defence systems.

Control Principles: The foundation of the training systems is based upon a series of training principles, which are now well known throughout the Law Enforcement and Military communities. This unit examines survival reaction time and tactical positioning.

Analysis of Target Lethality: There is considerable mythology surrounding the lethality of specific targets as well as their effectiveness. The purpose of this unit is to reveal facts about human incapacitation resulting from a knife attack

Analysis of Offensive Knife Attack Strategies: The effectiveness of any knife defence system is based on the knowledge of how a knife can be used offensively. This training block will teach the learners the basic knife strokes and common offensive strategies to quickly disable a victim.

Spontaneous Knife Defence System: The Spontaneous Knife Defence method is based on a check, control and neutralise system. Having learnt how to control the attack the learners will explore the various targets available in order to make the attacker lose the will to fight.

Each learner will also require a white t-shirt for specific scenario drills.

Throughout the course we will assess and examine:

Health & Safety responsibilities/policy and guidance

The requirement to use non-physical skills as far as possible

The "Law" in relation to "Self Defence" and the use of force

The value of assessing a situation before intervening or reacting

Possible medical or legal implications for the techniques

Techniques and survival learning research for spontaneous knife defence

Identify primary and secondary methods of offensive knife strategies

Learn the IPDTA Spontaneous Knife Defence System

Tactical Training Services Ltd

Course Outline

Conducted by:

Dave Pattinson: IPDTA Instructor in the United Kingdom

Equipment Required: Street Clothes, training shoes and white t-shirt.

To enquire about reserving a place on one of our forthcoming courses or in-house training, please contact Dave Pattinson at Tactical Training Services Ltd on 07787788811 or via email on info@tactical-training-services.co.uk

