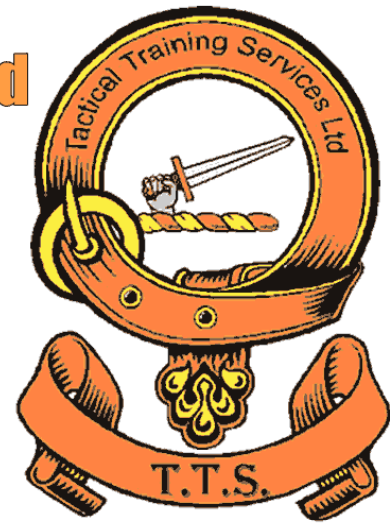


Tactical Training Services Ltd

Course Outline



CIEH Foundation Certificate in Stress Awareness

Competencies: CIEH Foundation Certificate in Stress Awareness

Who Should Attend? This qualification raises awareness of the likely sources of work-related stress. It is aimed at general workers and also serves as an introduction to the issue for more senior staff. The qualification will enable employees to contribute to strategies which combat work-related stress.

Aims: To ensure learners are aware of the likely sources of work-related stress. It is aimed at general workers and also serves as an introduction to the issue for more senior staff. The qualification will enable employees to contribute to strategies which combat work-related stress.

Learning outcomes: After the session learners should be aware of:

- Definitions of stress
- Stress as an occupational health hazard
- Identification of basic workplace stressors
- Development of basic controls for work-related stressors
- Responsibilities imposed under UK legislation

Provider: To be arranged by Tactical Training Services Ltd

Duration: 4 hours

Number of Places: 06 to 12

Cost: Call 07787788811 for latest prices

How do I reserve a place on a course?

To enquire about reserving a place on one of our forthcoming courses, or in-house training please contact Dave Pattinson at Tactical Training Services Ltd on 07787788811 or via email on info@tactical-training-services.co.uk